

A pink awareness ribbon is positioned on the left side of the main title, partially overlapping the letter 'P'.

Prostan Swijn

Enn Gid Lor

Kanser Prostat
Kone ki li'ete, kouma
remark bann sign ek ki
bizin fer si zot panse zot
ena bann sintom

kozparol.com

XP



Atansion!

Sa piblikasion la enn gid pou edik piblik, napa servi li kouma enn avi medikal. Pa servi bann sintom ki mansione andan kouma enn diagnostik kondision enn dimounn. Ek pa parski nou pa mansionn enn sintom ki pa bizin fer get li. Li inportan ki lekter/itilizater sa piblikasion la konpran ki li pena lot swa ki konsilte enn dokter kan li gagn enn problem lasante.

Sa dokiman la pa sipoze dan lame zanfan ou bann dimounn ki zot boubou fer mal ek enn langaz kri ou ar zimaz anatomi enn zom.

Kopirayt 2024 Koz Parol. Tou drwa rezerve. Se ki'ena enn kopi sa «ebook» la kapav partaz li me napa gagn drwa modifie, reprodwir ou difiz so konteni san konsantman proprieter so kopirayt.



Kanser, ki'ete sa?

Ena toutsort kalite selil dan lekor imin. Ena selil misk, selil lapo, selil disan et-cetera. Ena plizier milyar kouma zot, ek sakenn ena enn rol.

Me arive ki enn selil pet enn kab, ek li koumans azir kouma enn seval fou. Kan sa arive, lekor la so sistem iminiter debark lor sekter ek li rezoud problem la.

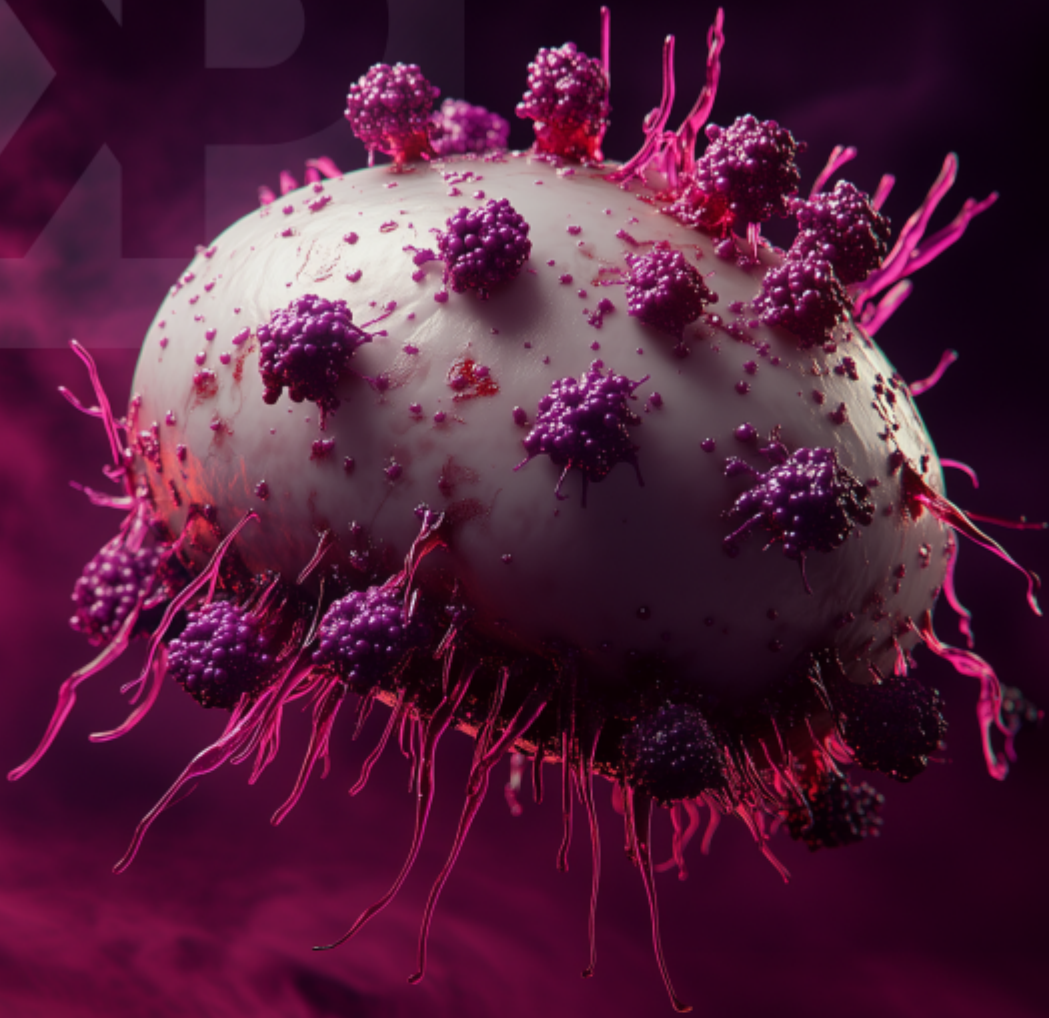
Selman, ena fwa ki selil la fer so lerni, li adapte ek li koumans devlope. Lamem li pran groser, ek sa mem kav vinn enn kanser.



Ki'ete sa, Enn Prostat ?

Enn prostat, li enn selil ki resanble enn ti nwayo ki trouv anba vesi enn zom. So rol se prodwir sa likid ki pou vinn sperm. Parey kouma tou selil, arive ki li osi li sap lor kal ek li ressi pran groser. Sa mem kav vinn enn kanser.

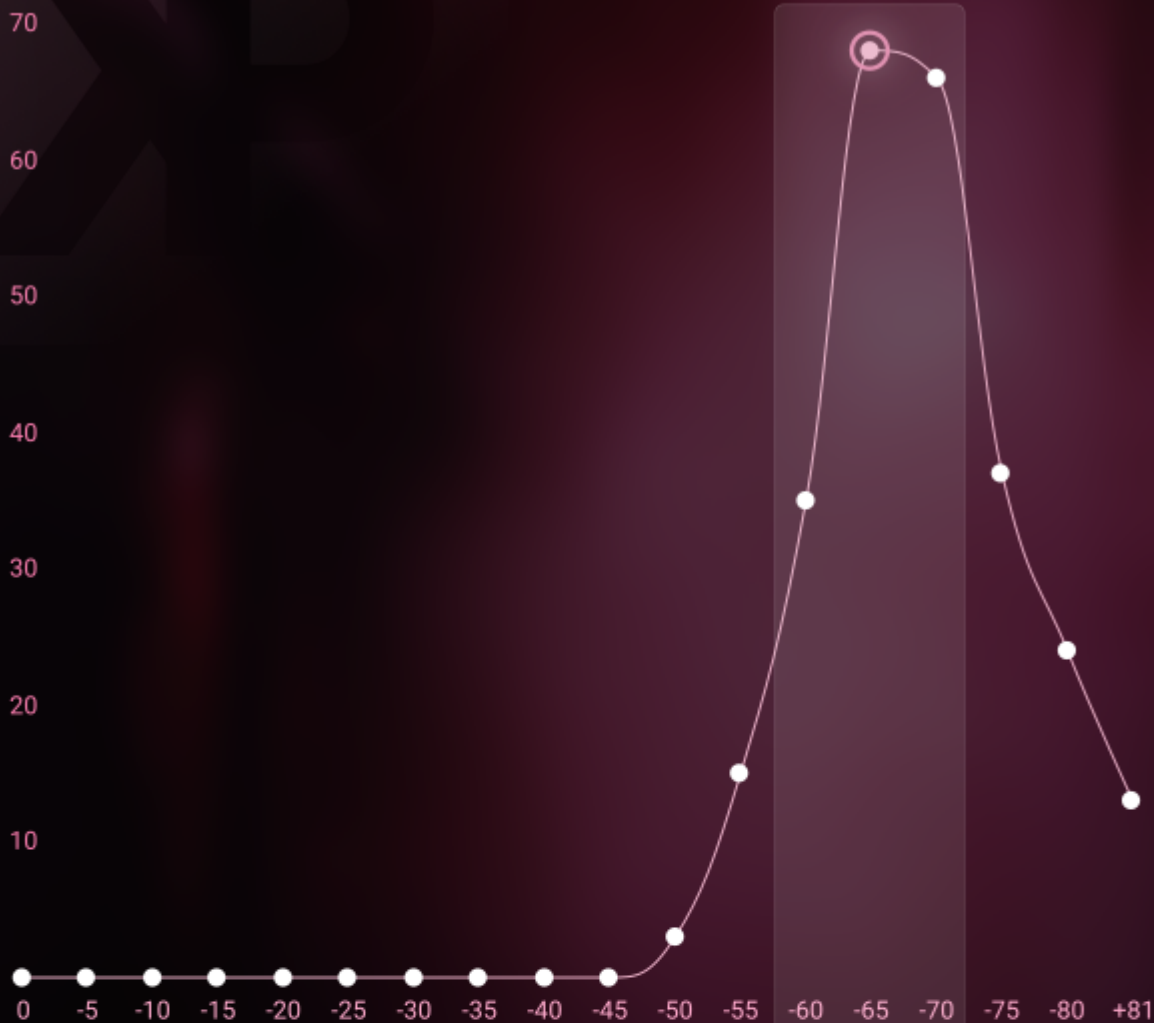
XP



Kan kanser la metastaze (li propaze), li koumans atak bann selil linfatik ek lezo dimounn la.

Bann glann linfatik, zot resanble bann ti zariko. Dan lekor enn dimounn, zot form parti so sistem iminiter. Li kouma dir enn paste ki filtre bann selil ki toxik, bann bakteri, bann viris, ek toutsort kalite simagri ki pa sipoze dan lekor dimounn la.

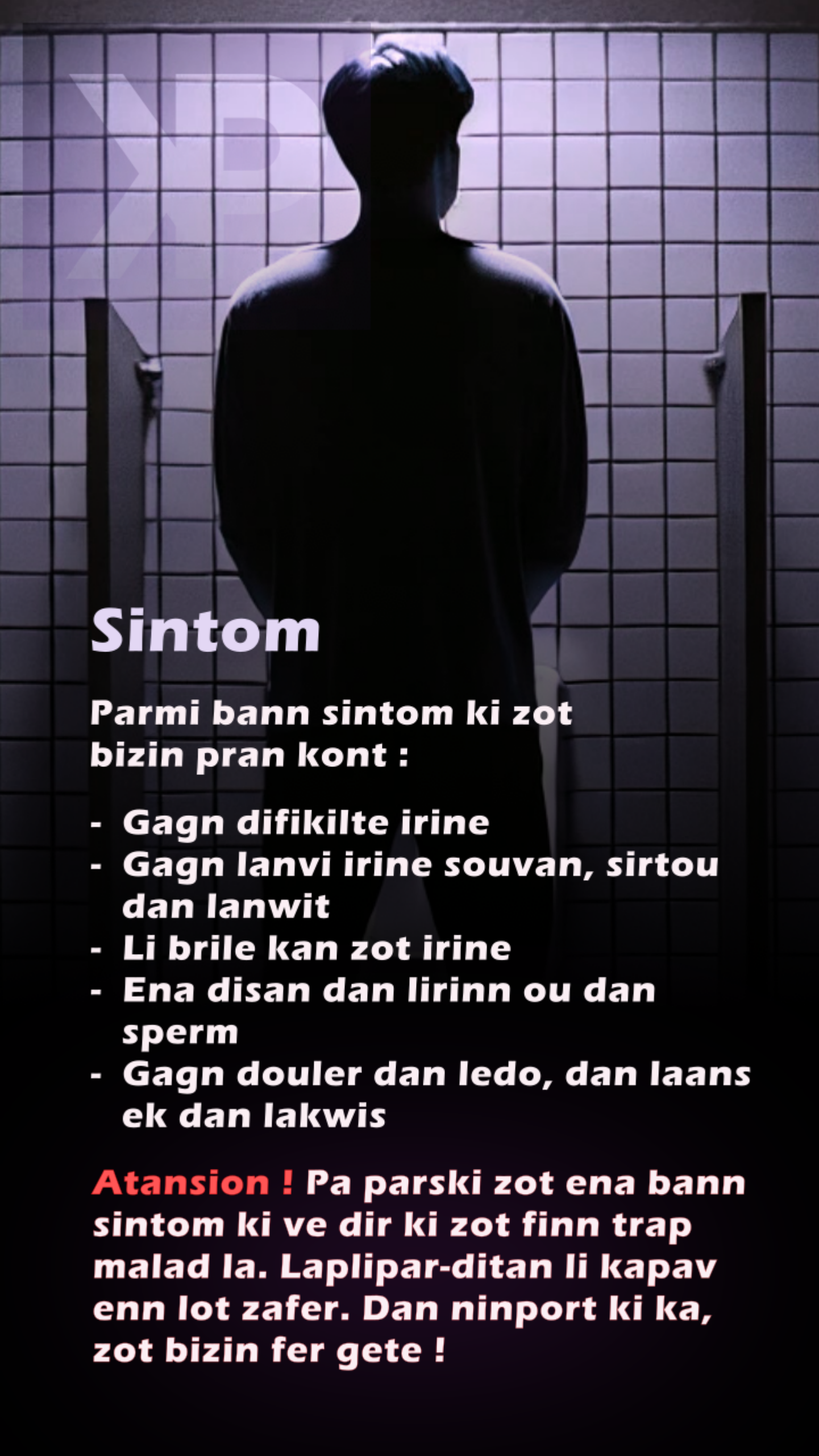
Kouma kanser la trap li, lerla mem kaka fane!



Fakter Laz

Enn kodision ki zwe enn gran rol ek bann dimounn ki gagn kanser prostat. Sa malad la pran letan pou devlope. Plis mam la rant dan laz, plis so lekor viei, plis bann selil so lekor pou deteryore. Dan Repiblik Moris, bann servis lasante gagn bann ka kanser prostat koumans 45-50 an.

Bann ka kanser prostat pou kontiy ogmante avek vieyisman ek sedantarite popilasyon.

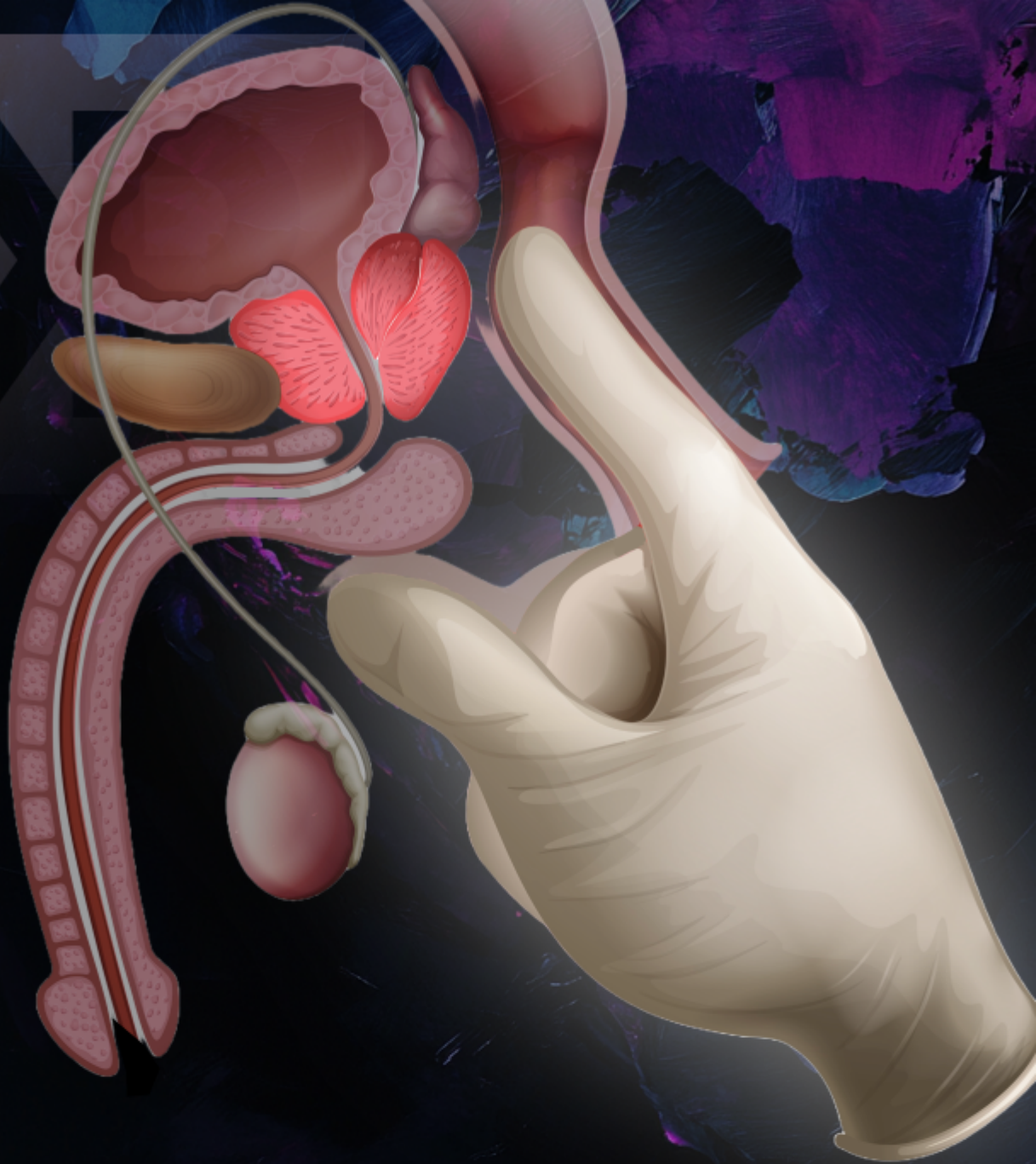


Sintom

Parmi bann sintom ki zot bizin pran kont :

- **Gagn difikilte irine**
- **Gagn lanvi irine souvan, sirtou dan lanwit**
- **Li brile kan zot irine**
- **Ena disan dan lirinn ou dan sperm**
- **Gagn douler dan ledò, dan laans ek dan lakwis**

Atansyon ! Pa parski zot ena bann sintom ki ve dir ki zot finn trap malad la. Laplipar-ditan li kapav enn lot zafer. Dan ninport ki ka, zot bizin fer gete !



**Si pasian la ena bann sintom,
so dokter pou fer enn tes
ki'apel «toucher rectal» 🤔**

**Li pou fons so ledwa dan lanis
mam la pou santi groser so
prostat. Ena de zafer ki li'anvi
kone kan li fer sa :**

**Eski groser la normal +
Eski ena kit bos lor prostat la**

**Ena pou trouv sa deplezan wi,
me prefer sa ki to pa kone ki
malad tonn trape.**

Tes P.S.A.

Paralel avek tes dizital, pasian la pou fer enn tes disan ki'apel P.S.A. (Prostate-Specific Antigen). Ki li'ete?

Antan normal, enn prostat li larg enn sibstans dan disan enn dimounn. Sa tes la pou rod kone ki kantite ena dan disan pasian la, sirtou si li pli elve ki abitie.

Rezilta sa de tes la pou permet enn dokter deside si wi ou non so pasian bizin konfirme ki li'ena enn kanser.



A man in a white lab coat is looking through a microscope. The image is overlaid with a semi-transparent purple and blue gradient. In the top left corner, there is a large, stylized logo consisting of the letters 'X' and 'P' in a bold, sans-serif font.

Biopsi

Apré sa 2 premie tes la, si dokter sispekte ki'enn zafer pa korek ek so pasian, li pou rekomann enn biopsi.

Dan sa ka la, enn biopsi li'enn prelevman enn esantiyon enn tibout prostat. Lerla, zot avoy li dan laboratwar pou cheke sipa ena bann selil kanser andan.

Si konfirme ki'ena kanser, Dok pou rekomann enn sesion dan enn laparey ki'apel M.R.I. (Magnetic Resonance Imaging) pou kone ki stad kanser la finn arive.



Tretman

Tretman la pou depann lor nivo propagasion kanser la. Akoz sa li inportan ki bann zom fer bann deteksion boner, mem kan zot pena li, pou ki zot dokter ena maximum linformasion ki li kav konpare.

Parmi bann tretman ki plis servi, ena :

- Enn Monitoring regilie**
- Ormonoterapi**
- Radioterapi**
- Simioterapi**
- Oubien retir prostat lamem**

Kredi

Koz Parol enn platform ki milit pou lasante ek bienet bann zom. Vizit nou sit kozparol.com

Oter

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**Benefisie redikсион
lor tes P.S.A. kot
Biosante Lab avek
zot Kart Parol**

